

## Essential Health Access, P.A. -- MENU

### Access Fees:

Item: Plans:	Description	Fee
Essential Health	In Office Visit On-Line Visit In Home or Your Office Visit After Hour and Weekend Fees Added Access to Web Videos Preventive Health Care Cash* Payment For Menu Items Access From 7am to 5:30pm Coverage Area: 35 Miles From Office Limited to 500 Patients	\$60.00 per mo.
Executive Health	Essential Health Menu Plus One Yearly House Call Included One Yearly Comprehensive Physical Included One Time Fasting Labs Included (CBC,CMP,TSH, Lipids, Urinalysis ) One Yearly EKG Included Access 24/7 Via Phone Included Coverage Area: 20 Miles From Office Limited to 50 Patients.	\$250.00 per mo.

#### Note:

1. Plan fees are discounted 10% for yearly fees paid in full at beginning of plan year
2. All plan fees are three month minimum.
3. In case of emergency immediately call 911, do not call our office
4. House calls outside coverage area subject to \$0.35 / mile fee
5. As it stands, all plans limited to residence in the state of Tennessee.
6. All on-line visits using HIPPA compliant, secure video conferencing.
7. Cash payments only - \* also accept credit card and pre-approved checks.
8. Individuals may file receipt with their insurance carrier.

## Services:

Menu:	Description	Fee
Initial Evaluation	Comprehensive Medical Evaluation and plan of care	\$150.00
In Office Visit:	Initial 30 minutes	\$30.00
On-Line visit:	Requires Web Cam. Initial 30 minutes	\$30.00
Add Time Fee	In Office or Online Per 15 minutes	\$50.00
House Call	Home or office in coverage area. Initial one hour	\$150.00
Add Time Fee	House Call Per 30 minutes	\$100.00
After Hours Fee	Requesting Service after 5:30pm	\$50.00
Week End Fee	Requesting Service on the Weekend (included in Executive Plan)	\$50.00
B12 injection	Vitamin B12 Shot	\$12.00
Steroid injection	General Depomedrol/Decadron Mix	\$25.00
Antibiotic	Intermuscular Injection Rocephin	\$65.00
Joint Injection	Sterile Prep/Kenalog/Lidocaine	\$125.00
Prescription	Written or Phoned In per Rx	\$10.00
Smoking Cessation	Each Visit	\$80.00
Smoking Cessation	Group Session Per Person (min 4 people)	\$75.00
Smoking Cessation	Guaranteed Per Individual (Includes phone and e-mail support)	\$300.00
Smoking Cessation	E-mail Support Per Month	\$25.00
Mole removal	Excision & Suture (Pathology extra)	\$125.00
Mole punch biopsy	Biopsy & 1 suture (Pathology extra)	\$65.00
Suture laceration	Non – Emergency w/In 4 hours	\$125.00
Suture removal	After Care from Excision or biopsy	no charge
Suture removal	After Care but Sutures By Others	\$85.00
Comprehensive Physical- Male		\$250.00
	Includes Head to Toe Inspection, Palpation and Auscultation, Skin Check, Rectal Exam and Prostate Exam, Hemocult Test, EKG, Urinalysis	
Comprehensive Physical -Female		\$250.00
	(Pathology is extra) Includes =Head to Toe Inspection Palpation and Auscultation, Skin Check, Rectal Exam, Hemocult Test, Vaginal Exam w/ Collection for PAP, EKG, Urinalysis	
Fasting blood work	CBC,CMP, TSH. Lipid panel	\$55.00
	Prostate Specific Antigen (PSA)	\$55.00
OMT	Osteopathic Manipulative Therapy	
	Full Alignment	\$60.00
	Isolated Region	\$25.00

## Supplements:

Item:	description	Fee
Mega-Multi vitamin	Complete Daily Multi-Vitamin	\$ 16.50
Thin-Fastic	Proprietary Blend: Weight Lloss	\$27.00
Essential Oils	Quality Blend Omega 3,6 & 9	\$15.60
Milk Thistle	Herbal Detox for Liver	out of stock
Evening Primrose	Herbal for Hormone Stability	out of stock
Colon Health	Proprietary Blend to Promote Daily Bowel Movements	\$13.00
Calcium with Vit. D	600mg Calcium Tablet	\$7.00
Vitamin C		out of stock
Vitamin E	400IU vit. E with Selenium	out of stock
DHEA 25mg	Adrenal Support	\$10.60
Joint Eze	Chondroitin Sulfate/ Hyaluronic Acid	out of stock